

# Instructions for use

## Zeolite MED® • Bentonite MED® • ZeoBent MED®

FOR LIVER RELIEF THROUGH DETOXIFICATION OF THE INTESTINAL TRACT THROUGH THE BINDING OF MERCURY, LEAD, CADMIUM, ALUMINUM, AMMONIUM AND HISTAMINE

Zeolite MED®, Bentonite MED® and Zeobent MED® can be used daily for the whole family as a natural, biological regulator for health protection through the prevention and alleviation of symptoms whose causes trace back to exposure to pollutants. Natural medical products can bind to pollutants in the gastrointestinal tract like a sponge and draw them out of the body by natural means. The pollutants bind to the indigestible medical products and are naturally excreted with stool via the intestines without burdening the metabolism. Through the binding (adsorption) of:

- Heavy metals (mercury, lead, cadmium)
- Aluminium
- Ammonium
- Histamine

these medical products can be used for liver relief through detoxification of the intestinal tract.

**Zeolite MED®** is a natural medical product from clinoptilolite-zeolite, which is indigestible and insoluble, possesses a high selective adsorption ability as well as molecular sieve functions against various pollutants and is therefore suitable for detoxification.

**Bentonite MED®** is a natural medical product from montmorillonite-bentonite which binds various pollutants to its surface and layer interstices. It is indigestible and insoluble as well as swellable and, upon oral administration, builds a thin montmorillonite gel protective film. This gel protective film coats the mucous membrane of the stomach and intestines, whereby the adverse effects of disease-causing factors can be reduced and the nerve endings of the stomach and intestines calmed.

**ZeoBent MED®** is a natural medical product from the indigestible, pollutant-binding natural minerals zeolite (clinoptilolite) and bentonite (montmorillonite). ZeoBent MED® unites the mutually beneficial active properties of both of these silicon-rich natural minerals.

### AS A PROPHYLAXIS

In preventive care, one considers every measure that can inhibit or slow down an impairment to one's health (illness, injury) or reduce the likelihood of it occurring.

Prevention is the best medicine. The medical products Zeolite MED®, Bentonite MED® and ZeoBent MED® can bind unwanted pollutants already in the digestive system even before they are taken in by the body, and thereby help to avoid illnesses that are associated with increased pollution.

### FOR ALLEVIATION

The enrichment of toxic, active metals like mercury, lead, cadmium, aluminum and other substances like ammonium and histamine can be the cause of a variety of chronic illnesses. The pollutant-binding and cleansing qualities of Zeolite MED®, Bentonite MED® and ZeoBent MED® along with its ability to protect the mucous membrane allow it to be used therapeutically as necessary or as an accompaniment to therapy, particularly for increased exposure to histamine and histamine intolerances such as allergies, gastrointestinal tract illnesses, liver malfunction or increased strain on the liver through ammonium compounds.

### ZEOLITE MED® + PSYLLIUM BENTONITE MED® + PSYLLIUM ZEOBENT MED® + PSYLLIUM

Natural medical products for liver relief through detoxification of the intestinal tract through the binding of mercury, lead, cadmium, aluminum, ammonium, histamine. Conditioned by their large swelling capacity, psyllium seed husks are mechanically effective laxatives which thus aid the effect of zeolite and bentonite.

### Indian psyllium seed husks – a natural fiber for intestinal cleansing

For the support of natural digestion and facilitation of intestinal health, psyllium seed husks are becoming more and more popular. As a purely vegetable foodstuff, they deliver a high content of easily digestible mucilage with an excellent swelling capacity for a cholesterol-conscious and fiber-rich nutrition. When coming in contact with water, the finely ground psyllium seed husks swell, leading to a substantial increase in volume of the intestinal contents, whereby stimulation of the intestinal wall is increased, peristalsis strengthened and bowel movement eased. Because of its stool-softening effect, Indian psyllium seed husk powder can contribute to intestinal cleansing for a more pleasant intestinal passage and regulation of bowel movements.

### DOSAGE AND DURATION

#### Powder

Unless prescribed otherwise by your doctor, please use for a limited period (e.g. 40 days) and begin gradually by easing in with 1 time daily use: stir 1 slightly heaped teaspoon (3g) of powder in approx. 250ml water and drink at meal times. Usage can gradually be increased to 2 times daily, with a maximum of 3 times daily, as necessary.

## Ultra-fine Powder

Unless prescribed otherwise by your doctor, please use for a limited period (e.g. 40 days) and begin gradually by easing in with 1 time daily use: stir ½ teaspoon (1g) of ultrafine powder in approx. 250ml water and drink at meal times. Usage can gradually be increased to 2 times daily, with a maximum of 3 times daily, as necessary.

## Capsules

Unless prescribed otherwise by your doctor, please use for a limited period (e.g. 40 days) and begin gradually by easing in with 1 time daily use: take 1-2 capsules with approx. 250ml water at meal times. Usage can gradually be increased to 2 times daily, with a maximum of 3 times daily, as necessary.

## REGULARITY, RHYTHM AND TIMES OF USE

Regularity of use influences effectiveness, whereas interruptions can minimize it. In the following list, simply find appropriate time windows that work for you. According to Karl Hecht, Dr. med. Dr. med. habil., professor for neurophysiology and professor em. for experimental and clinical pathological physiology at the Institute of Physiology - Charité at the Humboldt University of Berlin, the following daily chronobiological times are recommended for internal use on humans:

6am – 8am

1pm – 3pm

6pm – 8pm

for overnight use:

10pm

## INTERACTIONS WITH OTHER MEDICINES

After ingestion of medication, a space of at least two hours should be observed.

Do not use simultaneously with alcoholic, caffeinated or acidic drinks such as grapefruit, orange, lemon or pineapple juice.

## SIDE EFFECTS

In rare cases constipation can occur as a result of low fluid intake. This effect is dependent on dosage and can be avoided through adequate fluid intake and dosage reduction. In the occurrence of constipation, increase fluid intake, reduce dosage and, if necessary, consult your doctor.

In rare cases, bloating, stomach pain or nausea can occur from psyllium. This effect is often dependent on dosage and can be avoided through adequate fluid intake and reduction of dosage. In the occurrence of bloating, stomach pain or nausea, increase fluid intake, reduce dosage and, if necessary, consult your doctor.

## WARNINGS AND PRECAUTIONS

Zeolite MED®, Bentonite MED® and ZeoBent MED® are no substitutes for an antiallergenic agent.

To support detoxification and regulation of processes, ensure that there is ample fluid intake when ingesting these medical products, both when ingesting (0,25 liter water) and in terms of the daily ration (2–3 liters/day).

In the case of a medical issue, reduced kidney function, pregnancy or breastfeeding as well as for use for children under 12 years, these medical products should only be used after consulting a doctor.

In the case of a medical issue, reduced kidney function, pregnancy or breastfeeding as well as for use for children, these medical products should only be used after consulting a doctor. These medical products may not be inhaled or applied to the eye. In case of contact with eyes, wash out eyes adequately. Not to be used continuously over long periods of time. Discontinue use if you notice unusual effects.

## STORAGE AND USE

Keep product out of the reach of children under the age of six. Always close package after use.

Store this product in a dry place at room temperature.

The expiration date is printed on the back of the package. Do not use this product after its expiration date.

## CONTENTS

Zeolite MED® Powder:	100% clinoptilolite-zeolite
Zeolite MED® Ultra-fine powder:	100% ultra-fine clinoptilolite-zeolite
Bentonite MED® Powder:	100% montmorillonite-bentonite
ZeoBent MED® Powder:	80% clinoptilolite-zeolite, 20% montmorillonite-bentonite
ZeoBent MED® Ultra-fine powder:	50% ultra-fine clinoptilolite-zeolite, 50% montmorillonite-bentonite
Zeolite MED® 500 mg Capsules:	100% ultra-fine clinoptilolite-zeolite, cellulose capsule
Bentonite MED® 700 mg Capsules:	100% montmorillonite-bentonite, cellulose capsule
ZeoBent MED® 500 mg Capsules:	50% ultra-fine clinoptilolite-zeolite, 50% montmorillonite-bentonite, cellulose capsule
Zeolite MED® + Psyllium:	50% clinoptilolite-zeolite, 50% organic psyllium seed husks
Bentonite MED® + Psyllium:	50% montmorillonite-bentonite, 50% organic psyllium seed husks
ZeoBent MED® + Psyllium:	40% clinoptilolite-zeolite, 10% montmorillonite-bentonite, 50% organic psyllium seed husks

## INSTRUCTIONS FOR DISPOSAL

Contents and packaging can be disposed of with household waste. Violet glass jars should be placed in the green class container.

## MEDICAL PRODUCT MANUFACTURER

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